How it Works: Milkscreen is Easy to Use

To use Milkscreen, simply express a few drops of breast milk on to the test strip. If the color pad changes color after exactly two minutes, alcohol is present.

To ensure optimal results please read Milkscreen Alcohol test results exactly 2 minutes after saturating test pad with breast milk. Reading the test results before, or after, 2 minutes may cause an incorrect result.

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Note: Cutting, or altering, test strip can damage the test pad and cause an incorrect result. Do not use if test strip is torn or damaged. Do not open foil pouch until immediately before testing.

Testimonials: What Moms are Saying About Milkscreen?

"As a breastfeeding mother, I love Milkscreen. For those who don't know what this is, Milkscreen tests for alcohol in breast milk. I love my wine and missed it dearly when I was pregnant. I knew I wanted to breastfeed so I was thinking it might be forever before I could enjoy another glass of chardonnay. But now that I found Milkscreen, I can have a glass without the worry." — Baby Center

"One of the things I was worried about when I committed to breastfeeding was whether I’d be able to enjoy a glass of wine or a cocktail with dinner. I'd wait exactly two hours to breastfeed after a drink because that’s the amount of time I heard it took for my body to metabolize the alcohol. Then there were other times I'd have to pump and dump breast milk because I wasn't sure if there was still alcohol in my system—I'd feed the baby a bottle of milk I had pumped earlier that day or had stored in the freezer. Then I heard about Milkscreen on Kourtney & Khloe Take Miami. Kourtney Kardashian used the strips to test her milk. My husband calls it the 'boobie breathalyzer.' That makes me laugh when I say it out loud. I'm raising a glass to Julie Jumonville, inventor of Milkscreen! Seriously, what a great idea! Breastfeeding mommies shouldn’t feel guilty or worry about enjoying a glass of wine if they choose." — Mommy Beta
“Milkscreen is an awesome product. My husband was home on R&R from Afghanistan and he felt I deserved a night out with him since I wasn't pregnant anymore. Milkscreen made me feel like I was still a good mom but let me have some alone time with my hubby as well! I plan to bring a pack with me when I visit my in-laws and can finally have a glass of wine!” — Chelsea H.

What is Milkscreen?
Milkscreen is a simple test that takes two-minutes to detect the presence of alcohol in breast milk.

Can I test using refrigerated breast milk?
You may use breast milk that has been refrigerated or frozen, but milk must be brought to room temperature before testing. When milk is at room temperature, gently swirl the bottle containing breast milk and pour a small amount into a container and perform the test.

I read results at two minutes but then noticed a while later that my test pad had darkened in color. What does this mean?
Milkscreen results should be read two minutes after saturating the test pad with breast milk. Test pad may continue to darken over time (even if alcohol is NOT present) due to continued exposure to oxygen in the air. Therefore, the result at exactly two minutes is the test result you should use.

Do the Milkscreen test strips have an expiration date?
Yes, the expiration date is embossed on the back of each foil pouch containing an alcohol test strip. It is also noted on the outside of the packaging on a sticker under LOT—expiration date will be shown by year and month (i.e. 2014-10)

Why was Milkscreen created?
Many women wish to resume occasional low to moderate alcohol consumption after delivery, but often are concerned about the presence of alcohol in their breast milk. Maternal self-confidence is critical to maintaining breastfeeding so we created Milkscreen to help give mom the peace-of-mind that her breast milk does not contain alcohol.

Should I use Milkscreen if I don’t feel intoxicated?
A feeling of intoxication is not an accurate measure of determining if there is alcohol in breast milk. Because everyone metabolizes alcohol differently, the amount of time it takes for alcohol to leave your breast milk also varies. Again, it depends on several factors including: • Body weight • Type of alcohol consumed • Food intake

How does Milkscreen work?
Milkscreen consists of a plastic strip with a reactive test pad applied to one tip. Two minutes after saturation, the tip will change colors if alcohol is present at, or above, 13.1 mg/dL.

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